

# SCRIPTURE STUDY for RELIEF SOCIETY SPIRITUAL LITERACY CLASS

"Don't yield to Satan's lie that you don't have time to study the scriptures. Choose to take time to study them. Feasting on the word of God each day is more important than sleep, school, work, television shows, video games, or social media." Richard G Scott

## Tips on How to Study the Scriptures:

Wide margin scriptures for note taking.

Notice the difference when you study the scriptures everyday vs. when you don't.

For every story/situation we read about in the scriptures, think about what's going on in the world right now that relates.

Be consistent about daily scriptures, no matter what kind: actual book, phone app, books, journal, music, video, etc.

Creating a Scraps Journal by Kim Trujillo... It has a great method on the first few pages with examples.

Read a small portion of scripture then meditate on it by journaling or illustrating it in your scriptures.

Use a bookmark checklist to keep track.

Highlight sections in different colors based on a key chart.

When we study the scriptures, we learn more about our Savior and how much our Father in Heaven loves us.

Set up a Group Me account with others to report what you're reading/studying. It helps foster discussions, encourages accountability, and adds deeper meaning.

Getting up before others in the morning for quiet study can make your day so much better.

**Searching the Scriptures** Gene R Cook

**Understanding the Importance of the Scriptures** David A Bednar Devotional

I love reading **The Book of Mormon Made Easier** by David Ridges. I've never been so excited to study. They have one for D&C and Bible too.

Do a challenge with others.

Read scriptures online. Add notes and personal thoughts about events and principles to feel closer to the Savior.

Watch videos on LDS.org.

Set a time limit at the same time every day vs an amount to read.

Listen in the car or in your house (while cleaning, cooking, or lounging).

Read your children's seminary reading.

Follow **BofM365** by LDS Living on Instagram for quick quotes, scriptures, and questions to ponder.

Read with your spouse every night before going to bed then ask questions, and share thoughts with each other.

Listen to BYU radio in the car.

Use the Ensign for scripture study.

## You're not alone! Some Scripture Study Struggles...

"My struggle typically is knowing where to study... in order, by topic, etc. and I get distracted. I suppose reading to read may bring some enlightenment but figure it's not super effective. I wish someone would teach me how to *really* study my scriptures in a more effective and meaningful way." Try this link... <https://www.kelseymferguson.com/7-practical-bible-study-tips-easily-distracted/>

"My ideal life is to do personal scripture study every day. But I struggle to do it, and I often struggle to find joy in doing it. My most successful times are when I have a goal or something to accomplish—finish a book, read every scripture on a topic, prepare for a talk or to teach a class, find an answer. After I accomplish the goal, I'm left floundering a little until I can find another purpose. During these down times, I figure getting something is better than nothing and I do what I can to have some exposure every day, even if it is just listening to the audio version while I'm getting dressed or making dinner. Lately I have been reading with the purpose to prepare a spiritual thought for my kids each day. The hardest part is truly believing it is important, but not feeling excited about doing it."

## Five Scriptures That Will Help You Get Through Almost Anything, by John Bytheway via LDS.org

1 Nephi 11:17    Moses 7:26-33    Alma 14:13    Alma 7:11-12    D&C 101:32-36

[BOOKofMORMONcalculator.com](http://BOOKofMORMONcalculator.com) –how many pages, verses, or days it will take to finish reading by whatever date you input

Texting Support Group – <https://oneshetwoshe.com/2014/07/never-miss-day-reading-scriptures.html>

*Find a good friend, family member, or stranger on the street, that wants to do better at reading their scriptures. It doesn't matter if they live close or on the other side of the country. In my case, I found my sister, best friend, and personal trainer...*

20 Ways to Get More Out of Scripture Study - <https://www.ldsnet.com/blog/getting-more-out-of-scripture-study>

Pick one topic per week from list of 52 - <https://www.ldsnet.com/blog/scripture-study-topic-bookmarks>

Richard G. Scott - <https://www.lds.org/general-conference/2011/10/the-power-of-scripture?lang=eng>

<https://www.thoughtco.com/set-scripture-study-goals-3959074> (that link will have the following links also listed)- Reading the scriptures isn't a contest with yourself or anyone else. It's interesting how long it takes to read a section, chapter, or book, but the goal should instead be daily reading. If you are new to the gospel, or even if you are not, the children's options can be good choices for you. They can help you get comfortable with the story. Once you know the story, it is easier to pick up the doctrine. Study the New Testament by viewing all the [Bible videos on the Life of Jesus Christ](#). These videos illustrate events as they happened, without embellishments. Coloring is no longer just for kids. Adult coloring and coloring books are a sensation. Download this [coloring book for the Book of Mormon](#) to get started.

Couldn't fit it all on one page. Find more links at <http://luckyblogs.com/10-scripture-study-tips/>